

Bedroom Cleaning Checklist

1. Gather Supplies	✓
Trash bag & basket or box	
Micro-fibre cleaning cloths & Lysol wipes	
Long-handled duster	
Furniture polish & Glass cleaner	
Vacuum cleaner	
Mop & bucket	
Air freshener	
Dust mask or clean scarf	

5. Dust & Polish	✓
Remove picture frames from walls	
Dust ceiling, crown molding, light fixtures, ceiling fan, around windows, walls, corners & baseboards	
Clean picture frames & decorative items with micro-fibre cloth	
Use glass cleaner to wipe glass in picture frames, windows, mirrors & other glass surfaces	
Rehang picture frames	
Remove lamp shades. Clean light bulbs & bases	
Clean light switches & door handles with Lysol wipes	
Polish wooden furniture	

2. Declutter	✓
Remove clutter from surfaces	
Fold & put away clean clothing	
Place dirty clothes in the hamper	
Put items that don't belong in the room in the box	
Remove items you don't use or love	

6. Clean Mattress	✓
Vacuum the mattress	
Deodorize it using baking soda	
Remove any stains present	
Flip the mattress. Repeat first 3 steps	
Protect it with a mattress cover	

3. Remove Trash	✓
Empty trash into the garbage bag	
Wash the bin with hot soapy water	
Rinse & let dry	
Line the bin with a plastic bag after drying	

7. Clean the Floors	✓
No carpet: mop, then vacuum	
Carpet: Vacuum	
Clean under & behind furniture	
Clean baseboards using the crevice tool	

4. Remove Linens	✓
Strip the bed	
Take down the curtains	
Launder the sheets & curtains while you clean	
Set aside for dry cleaning, if not washable	

8. Final Touches	✓
Replace trash can in room	
Hang curtains	
Make bed	
Spray room with air freshener	